

BA (HONS) MUSICAL THEATRE MA MUSICAL THEATRE COMPANY CLOTHING & EQUIPMENT REQUIREMENTS

In this pack you will find the following:

Clothes & Equipment List: Women 2023

Clothes & Equipment List: Men 2023

Extra Equipment: All Students

Recommended (non-essential): All Students

CLOTHES LIST: WOMEN — 2023

THESE ARE ALL ESSENTIAL ITEMS

All clothing should be black, without motifs/ words

GENERAL

- Close-fitting black tops
- Long-sleeved white blouse with collar
- Ankle-length black circular/panelled skirt – may be listed as rehearsal skirt/practice skirt/ballroom skirt. An example can be found [here](#).

DANCE and MOVEMENT

Shoes

- Pink or black split-sole leather/canvas ballet shoes with one or two elastics sewn across the top of the foot
- Smart black modern heeled shoes (standard court shoe) with leather sole and /or
- One pair of New Yorkers – skin coloured or black with 2.5" or 3" heel.

Options from LaDuca include [these](#); or from Dance Direct [here](#) and [here](#), or from Bloch [here](#) and [here](#).

- One pair of black lightweight split sole jazz shoes (no jazz trainers/sneakers)
- One pair of black leather low heeled tap shoes (Oxford style) with Tele-tone taps - full sole, lace up, Tele-tone taps with proper screws.

A recommended variety can be found [here](#), or a more expensive type can be found [here](#).



Clothing

- Multiple black leotards (including one long/ ¾ length sleeve)
- Sports bras
- Black dance trousers
- Pink or black dance tights (can be footless)
- Black trainer socks
- Knee pads - similar to [these](#)

You will get through several sets of dance clothes in a day, so it is essential to have enough for washing/drying/wearing for class, rehearsal and all dance and movement sessions.



THESE ARE ALL ESSENTIAL ITEMS

All clothing should be black, without motifs/ words

General

- Close-fitting black top
- Long-sleeved white shirt, standard style
- One tie and one bow tie
- One pair of neat, loose fitting black trousers, suit style, without turn ups
- One modern suit
- Classical style lightweight black lace up shoes
- Black belt (leather is preferable)

DANCE and MOVEMENT

Shoes

- Black leather or canvas split-sole ballet shoes with one or two elastics sewn across the top of the foot
- One pair of black lightweight split sole jazz shoes (no jazz trainers/sneakers)
- One pair of low-heeled tap shoes (Oxford Style) with Tele-tone taps – full sole, lace up, Tele-tone taps with proper screws:

A recommended variety can be found [here](#).

A more expensive type can be found [here](#).

Clothing

- Black fitted t-shirts and/or leotard
- Black cycling shorts/dance trousers that allow for movement
- Black ballet tights or unitard (recommended from Plume at Dance Direct)
- Black socks
- Knee pads – similar to [these](#)
- Flesh-coloured/black jockstrap, otherwise known as a dance belt – compulsory

Any other dancewear already owned: further jazz and ballet shoes, vest / t-shirt tops, track suits, tights, will be very useful in providing a change for daily classes.

Hair elastics, hair pins/grips, hair nets etc. Those with long hair are expected to put their hair up and pinned off the face for dance classes.

You will get through several sets of dance clothes in a day, so it is essential to have enough for washing/drying/wearing.

ACTING CLASSES AND REHEARSAL PROJECTS

You will need to be prepared to bring in items of clothing appropriate to scenes and characters you may be working on, together with personal belongings and objects of meaning and attachment.

You will also need to bring recorded music and sometimes suitable props for scenes or situations. Please ensure that you have access to such items as they will be useful rehearsal tools.

Make sure you have access to a variety of formal and informal clothing and accessories, books, music, photographs and other personal effects. If you can play a portable musical instrument, you should bring it with you if possible.

There are PCs on site that you are able to use, however, having your own laptop or tablet to work at home will be essential as the course progresses. Some of your training may be delivered online either via Zoom or Microsoft Teams. We recommend using a laptop for the best possible user experience however a compatible smartphone will suffice.

Voice

- One hand mirror
- One hair band – for those with long hair
- A dictaphone or similar (mobile phone would be fine)
- Theraband (medium resistance)
- Silicone tube or straw 9-12mm (available on Amazon)

Stationery

- Notebooks for use as journals
- Ring binders for repertoire
- Highlighters
- Pencils/pens



- Vocal steamer (blue plastic cup style is acceptable)
- Re-useable water bottle (to avoid over-using plastic)

Professional Memberships

Whilst not mandatory, we recommend final year students register for both Equity, the Actor's Union, and Spotlight. These companies have an annual membership charge, further information can be found on their respective websites.

Headshots

Final year students will require headshots for final public productions, including showcase. These can range in cost and the conservatoire will offer guidance.

RECOMMENDED ITEMS

For queries about any information in this guide, please email a.stadius@lcm.ac.uk



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