

Module Specification

Module Title: Dance 1 – Fundamentals of Dance

Module code:	X_MTH4C002R	NQF level:	Level 4
Credit value:	20 credits	Semester of study:	1 and 2
Module type:	Compulsory	Pre-requisites:	None
Available to:	BA (Hons) Musical Theatre		

Module overview

Students will receive weekly lessons in:

Jazz

Students will attend twice weekly sessions which will include elementary exercises to develop mobility, strength, and control, and the development of routines/combinations in a variety of jazz styles such as 'lyrical', 'musical theatre', 'contemporary jazz', and 'commercial'. Particular Jazz techniques may be taught such as Matt Mattox as well as emerging forms, practitioners and choreographers if and when appropriate.

Ballet

Students will attend weekly sessions to include elementary Barre-work, Centre Practice, Adage, Pirouettes, Petit & Grand Allegro. Some Batterie work may also be covered and in special circumstances Pointe-work.

Tap

Students will attend weekly sessions which will include Elementary work on traditional tap vocabulary and technique and the development of 'routines'. Students may be taught a variety of styles such as American Tap and Musical Theatre as and when appropriate.

Content may include:

Jazz

- Safe warm up practice
- Isolation work
- Compound steps
- Jazz pirouettes
- Corner work and combinations
- Choreography ranging in styles

Tap

- shuffles,
- riff
- pick-ups
- turning steps
- time steps
- routines and choreography covering a range of eras

Ballet

- tendus
- kicks
- plies
- Adage
- Corner work and combinations
- Petit Allegro

Aims

This module is designed to introduce and develop a secure and consistent technique in dance and physical skills and extend existing knowledge and ability. The module includes compulsory classes in Jazz, Ballet and Tap.

Key themes of this module are designed to complement key themes being explored in *Performance Project 1*.

The module aims are to:

1. Introduce students to a variety of musical theatre forms and conventions of dance including Jazz, Ballet and Tap.
2. Enable students to develop their bodies as instruments of expression
3. Develop strong, healthy and physically balanced body through understanding of anatomy and how it relates to and supports dance.
4. Establish a practical understanding of dance vocabularies, in the aims of developing critical awareness of how dance skills explored in this module can be applied to all other areas of performance throughout the programme and beyond
5. Establish students' ability to work with others within a learning environment, development a culture of shared educational practice.

Learning outcomes

On successful completion of this module, students will be able to:

1. Demonstrate an ability to communicate effectively through dance.
2. Develop an elementary physical/technical understanding of the techniques and styles of dance forms and how they relate to musical theatre.
3. Work within the context of healthy, sustainable and good dance practice.
4. Demonstrate the ability to work with physical precision and accuracy within the context of musical theatre.

Learning and teaching methods

The module will be delivered through practical workshops, technical classes, and experiences of a range of acting and performance techniques commonly found in Actor/Dance Training and best prepares students for the practical assessments.

Contact hours and directed study (over semesters 1 and 2)

Delivery type	Student hours
Indicative hours for learning and teaching activities	144 hours
Indicative hours of directed study	56 hours
Total hours (100hrs per 10 credits)	200 hours

Students will undertake studio practical classes for 6 hours per week for 24 weeks of the year

Opportunities for formative feedback

Students will be observed in an in-class, mid point assessment to allow for tutor feedback and allow for improvements to be made as part of on-going personal development, as well as in preparation for final summative assessments. This is also linked to continued formative feedback, fundamental to practical sessions.

Assessment Method

Description of assessment	Length/Duration	Weighting	Module LOs addressed
Performance	TBC	100%	1, 2, 3, 4

Re-Assessment Method

Description of assessment	Length/Duration	Weighting	Module LOs addressed
Performance	TBC	0%	1, 2, 3, 4

[Module resource lists are available via Key Links](#)